

St. Francis Guidance and Counseling Department is delighted to present our first parenting group of the year

“Ten Commandments of Parenting Your Teen”

Understanding your teenager

Sophomore parents, please join us for an interactive forum where you will be able to share and receive vital information about parenting your teen.

Guest Speaker: Leda Siskind, MFT

- Licensed Marriage Family Therapist
- Therapist specializing in working with teenage clients for the past 18 years
- Therapist in Glendale School Based Mental Health, La Canada Private Practice, Children’s Hospital Los Angeles, Verdugo Mental Health, Angel’s Flight Shelter and Foothill Family Service

Thursday, September 17th, 7:00 p.m.

St. Francis High School Degheri Performing Arts Center

Please email aclay@sfhs.net with specific questions that you would like our speaker to address. We will select as many questions as time will permit. Please be assured that your questions will remain anonymous.

Please **RSVP** with the number attending and your son’s name to aclay@sfhs.net by Wednesday, September 9th.

We look forward to seeing you there!

Next Parenting Group for **Junior** Parents will be Thursday, November 12th, 7:00 p.m. in Degheri Performing Arts Center